



**MMS Worldwide Institute, BV**  
**Motivation Coaching Service, LP Thailand**  
in collaboration with  
**Life Coaching Vietnam**  
presents

# **MMS Coach Training**

*since 1974*

HCMC, Jun - Jul 2018

# The MMS Coach Training in Vietnam

## Vision and Goals

Coaching is a powerful tool to help individuals to maximize their personal and professional potential through a creative thinking process. It helps clients to realize their vision, mission in life, motivate them to change and focus on their dreams, by their choice. LCV wishes to build a coaching hub to enhance people's lives. The hub is where coaches are trained and certified with International Coach Federation (ICF) standards. The ultimate vision is to have one coaching centre in each and every province of Vietnam, in Vientiane, Laos and Phnom Penh, Cambodia. LCV wishes to be the coach pioneer with ICF credentials in Indochina countries.

LCV and The MMS Institute - officially certified by ICF, will have a professional coach training with international standards in Vietnam. *This intensive coach training program teaches coaching from the inside-out, using the original MMS coaching method.*

The vision for our Coach Training is to train individuals to become brilliant coaches. At the completion of the program, each participant will be able to efficiently clarify the underlying issues, get to the essence of the matters, determine specifically what the client ideally wants, and support the client in strategizing an action plan so that he or she can fulfill or manifest their vision. It is our goal for students participating in our program to fully embody the ICF Ethical standards along with the ICF and MMS Core Competencies, and to be prepared to professionally coach individuals either independently or within an organizational setting.

## Who is The MMS Coach Training for?

The MMS Coach Training is for those who have a deep calling to help others. If people continually seek you out to provide clarity in their lives or assist in resolving issues, then that might also be considered a sign. It is for those who want to assist individuals and teams as they work to resolve their challenges. The MMS Coach Training is for those whose jobs require them to have change management leadership skills along with **emotional intelligence** to support transitions, shifting expectations, and emerge decisive in the face of changing times. The training curriculum is in compliance with the ICF requirements and is taught by those with ICF Master Certified or Professional Certified Coach credentials.

## Program Objectives

The intensive program teaches coaching from the **inside out**, using the Original MMS Coaching Method. This approach is based on three key assumptions:

1. People have an “Inner Knowing” when it comes to what is *right* for them
2. People possess the resources to manifest what they want in their lives
3. People can have their lives be the way they truly want

## Learning Goals & Content

1. Learn the process and structure of coaching to coach clients.
2. Know how to coach people and understand the coaching ICF Core Competencies:
  - *Judgments and Feelings*
  - *Inner voices, Sub-personalities*
  - *Awareness, Active Listening*
  - *Focus of Attention, Direct Communication, Powerful Questioning*
  - *Energy, Flow, and Being Present*
  - *MBTI, Personal values & diversity*
  - *Breakdown and breakthrough*
  - *Transitions in Human Development*
  - *Giving supportive feedback for face-to-face coaching sessions*
  - *Face-to-face coaching sessions*

## Additional Benefits

1. 10 hours mentoring by an ICF Professional Certified Coach (PCC).
2. Coaching one-on-one with an ICF MCC / PCC during the program
3. After the program, participants are acknowledged with 60 hours of Approved Coach Specific Training Hours (ACSTH) – certified by ICF. This is the first required standard for those who wish to become credentialed ICF coaches at Associate Certified Coach (ACC) level.
4. Enormous resources to practice coaching skills that provided by LCV.

## Who should attend?

- Coaching Lovers, **those who want to launch a new career, part-time or full-time as a Coach.**
- **Managers, Leaders, CEOs, Entrepreneurs**, those who wish to know how to better communicate, improve leadership skills and motivate their staff, creating a high-performance culture. This course provides the component of communication and the skills you need by practicing, role-playing with the

support of an ICF PCC. You will also receive constructive, supportive feedback for onsite coaching sessions that you have.

- **HR Managers, HR Directors**, who would like to gain more for their self-development, maximize staff potential and develop company culture.
- **Professionals** who wish to make a difference in people's lives.

## Program Overview

- **Language:** English + Vietnamese
- **Dates & venue:** Full program: 01/06 – 15/07/2018
  - 18:00 - 22:00, Fri, 01/06
  - 08:30 - 18:00, Sat and Sun 02/06 – 03/06
  - At Harmony Hotel, 32 Bui Thi Xuan, District 1, HCMC, Vietnam
  - 08:30 - 16:00, Suns 10/06, 17/06, 24/06, 01/07 and 08/07/2018
  - At LCV office, floor 3A, Copac Square, 12 Tôn Đản, District 4, HCMC, Vietnam
  - 08:30 - 18:00, Sat and Sun 14/07 – 15/07/2018
  - At Harmony Hotel, 32 Bui Thi Xuan, District 1, HCMC, Vietnam
- **Tuition Fee:** 75,900,000 VND (please contact us for early bird discount)

### Bank information:

Vietcombank TP HCM

Account holder: Công ty TNHH Life Coaching

Bank account number: 0071001022344.

Content transfer "MMS7 – Participant's Full Name"